

10 Reads that Build Bolder, Freer Leaders

SUMMER 2022

Read first...

If you read nothing else this summer, read these two!

1 Gay Hendricks - **The Big Leap: Conquer Your Hidden Fear and Take Life to the Next Level**

2 Rachel Rodgers - **We Should All Be Millionaires: A Woman's Guide to Earning More, Building Wealth and Gaining Economic Power**

If you prefer audio books, Rachel reads her own and does a fantastic job of it!

A Note from Gretchen

In my experience, the power of reading is not so much that the author is telling you something you don't already know, but that in the act of reading, you are connecting your own experience to a new way of thinking, which leads to inspired action.

Avoid the aspirational stack on your nightstand. Choose one summer read/ listen and go for it. When you finish it, choose the next.

Read on,

And then...

3 Greg McKeown - **Essentialism: The Disciplined Pursuit of Less**
An excellent read to re-set priorities!

4 Barbara Fredrickson - **Positivity**
Opens your eyes to the power of positive emotion to shape change

5 Adam Grant - **Think Again: The Power of Knowing What You Don't Know**

6 James Clear - **Atomic Habits**
A methodology for putting common knowledge into everyday practice

7 Elizabeth Gilbert - **Big Magic**
The fleeting and powerful nature of creativity and how to capture it

8 Simon Sinek - **Leaders Eat Last: Why Some Teams Pull Together, and Others Don't**

9 Angie Morgan - **Spark: How to Lead Yourself and Others to Greater Success**

10 Brené Brown - **Dare to Lead: Brave Work. Tough Conversations. Whole Hearts**
An entirely new way to think about the inherent vulnerability in leadership and how to transcend it

