

dare to lead™

Based on the research of Brené Brown

Brave work. Tough conversations. Whole hearts.

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Four courage-building skill sets that are teachable, observable, and measurable:

1. Rumbling & Vulnerability
2. Living Into Our Values
3. BRAVING Trust
4. Learning to Rise

Based on the research of Dr. Brené Brown, Dare to Lead™ is an empirically based courage-building program designed to engage leaders in real conversations about being brave and building courageous cultures.

Steeped in the work of Dr. Brown since 2014 as well as coaching and training our bespoke content in businesses around the globe since 2013, our team is able to bring the curriculum to life through story and inquiry in such a way that each participant can find their path from armored leadership to daring leadership. All programs are led by pLink Leadership Certified Dare to Lead™ Facilitators.



PROGRAM OUTCOMES

- Understand why vulnerability is the foundational skill set of courage.
- Understand the critical role that self-awareness plays in daring leadership.
- Understand that it's armor—not fear—that is the greatest obstacle to daring leadership.
- Identify the four skill sets of courage, and understand that they are teachable, observable, and measurable.
- Recognize that vulnerability is the birthplace of many of the behaviors that define daring leadership, including creativity, accountability, and difficult conversations.
- Recognize that daring leadership requires showing up for hard conversations and rumbles, including giving and receiving feedback.



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Leaders must either invest a reasonable amount of time attending to fears and feelings or squander an unreasonable amount of time trying to manage ineffective and unproductive behavior.”

- Dr. Brené Brown

Format

The Dare to Lead™ curriculum is an experiential curriculum that can be used with groups as well as individuals. The full curriculum is 24 hours and can be divided in a variety of ways to best suit your group and their needs.

• **Options include:**

- Multi-day event (3-day and 4-day formats)
- Multiple half-day sessions
- A series of individual sessions

Contact Us

- Want to bring Dare to Lead to your organization?

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