

## EVIDENCE-BASED APPROACHES TO LEVERAGING STRENGTHS & POSITIVITY

Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment, Martin Seligman

Barking up the Wrong Tree: The Surprising Science behind Why Everything You Know About Success is (Mostly) Wrong, Eric Barker

Creating Your Best Life: The Ultimate Life List Guide, Caroline Miller and Dr. Michael Frisch

Dare to Lead, Brené Brown

Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead, Brené Brown

Rising Strong, Brené Brown

Braving the Wilderness, Brené Brown

Essentialism: The Disciplined Pursuit of Less, Greg McKeown

Fierce Conversations: Achieving Success at Work and in Life, One Conversation at a Time, Susan Scott

Flourish: A Visionary New Understanding of Happiness and Well-being, Martin Seligman

Give and Take: A Revolutionary Approach to Success, Adam Grant, Ph.D.

Hardwiring Happiness, Rick Hanson

Resilient, Rick Hanson

Happiness: Unlocking the Mysteries of Psychological Wealth, Ed Deiner

Originals: How Non-Conformists Move the World, Adam Grant, Ph.D. and Sheryl Sandberg

Positivity: Groundbreaking Research Reveals How to Embrace the Hidden Strength of Positive Emotions, Overcome Negativity, and Thrive, Barbara Frederickson, Ph.D.

The Coaching Habit, Michael Bungay Stanier

The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom, Jonathon Haidt

The Happiness Trap: How to Stop Struggling and Start Living, Russ Harris and Steven Hayes

The Progress Principle, Teresa Amabile and Steven Kramer

The 15 Commitments of Conscious Leadership: A New Paradigm for Sustainable Success, Jim Dethmer, Diana Chapman and Kaley Warner Klemp

The Resilience Factor: 7 Essential Skills for Overcoming Life's Inevitable Obstacles, Andrew Shatte and Karen Reivich

Tribal Leadership, Dave Logan

Peak: How Great Companies Get Their Mojo from Maslow, Chip Conley



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Positive Leadership: Strategies for Extraordinary Performance, Kim Cameron

Mastering Leadership: An Integrated Framework for Breakthrough Performance and Extraordinary Business Results, Robert Anderson and William Adams

Emotional Agility, Susan David, Ph.D.

Teaming, Amy Edmondson

Mindfulness and Character Strengths: A Practical Guide to Flourishing, Ryan Niemiec

Conscious Business: How to Build Value through Values, Fred Kofman

The Extraordinary Leader, John Zenger and Joseph Folkman

#### EMERGING THINKING ON HOW LEADERSHIP IS CHANGING

Crush It! Why NOW is the Time to Cash in on Your Passion, Gary Vaynerchuk

Delivering Happiness: A Path to Profits, Passion, and Purpose, Tony Hsieh

Drive: The Surprising Truth About What Motivates Us, Dan Pink

Enough: True Measures of Money, Business, and Life, John Vogal

Leadershift: Reinventing Leadership for the Age of Mass Collaboration, Emmanuel Gobillot

Linchpin: Are You Indispensable?, Seth Godin

Look, Lead, Love, Learn: Four Steps to Better Business, a Better Life, and Conquering Complexity in the Process, Bill Sheridan

Start with Why: How Great Leaders Inspire Everyone to Take Action, Simon Sinek

Strengths-Based Leadership, Tom Rath and Barry Conchie

Switch: How to Change when Change is Hard, Chip and Dan Heath

The Extraordinary Leader: Turning Good Managers into Great Leaders, John Zenger and Joseph Folkman

The Little Big Things: 163 Ways to Pursue EXCELLENCE, Tom Peters



#### THE CLASSICS

Built to Last, Jim Collins

Good to Great, Jim Collins

Head, Heart and Guts: How the World's Best Companies Develop Complete Leaders, David L. Dotlich, Peter C. Cairo, and Stephen Rhinesmith

Managing in Turbulent Times, Peter Drucker

Mind Over Matter: Why Intellectual Capital is the Chief Source of Wealth, Ron Baker

Five Dysfunctions of a Team, Patrick Lencioni

### COMMUNICATION & PRESENTATION

Conversational Intelligence, Judith E. Glaser

Made to Stick: Why Some Ideas Survive and Others Die, Chip and Dan Heath

Presentation Zen: Simple Ideas on Presentation Design and Delivery, Garr Reynolds

Slide•ology: The Art and Science of Creating Great Presentations, Nancy Duarte

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