



# Rebecca Tillemans

EXECUTIVE COACH  
PLINK LEADERSHIP

## CERTIFICATIONS

International Coaching Federation Associate Certified Coach (ACC)

Certified Dare to Lead™ Trained

Licensed Clinical Professional Counselor

## EDUCATION

Executive Certificate in Leadership Coaching,  
Georgetown University's Institute of Transformational Leadership

Master's in Mental Health Counseling,  
State University of New York

Bachelor's of Science in Communication and Social Psychology,  
Cornell University

Described as refreshingly clear and remarkably engaging, Rebecca Tillemans leverages her depth of experience and decisive confidence to unveil connections and draw insights into leadership. Through her pLink Leadership® coaching, training, and facilitating, Rebecca guides leaders in finding the power of their individual leadership styles. She helps leaders carve a path for transformation and create collaborative, inclusive, mission-driven cultures.

Rebecca excels at bringing academic concepts to life using contemporary and relevant story-based examples. She is particularly adept at creating psychologically safe spaces to explore the complex systems within which leaders operate. In addition to her coaching certifications, Rebecca maintains her license as a masters-level clinical psychotherapist to level up her expertise in building emotional intelligence and creating strong relationships.

A former wilderness instructor, Rebecca always enjoys getting outside in search of the awe and connection that nature reliably delivers. Rebecca makes her home in Columbia, Maryland, with her daughter, son, and husband.

## IF HER NAME SOUNDS FAMILIAR, YOU MAY RECOGNIZE HER VOICE FROM:

- Adirondack Leadership Expeditions
- Circuit Speaker in Maryland
- Clinical trainer of Integrative Practices