



p.Link EQUUS | Experiential Learning Event

Open your mind to a quantum leap in awareness.

Why Horses?

Horses' lives depend upon intuition and communication. They seek unity among the herd. They communicate nonverbally, and resolve conflict quickly and effectively. Because they don't use language, they don't operate off of assumptions, hold grudges, or carry emotional baggage like human beings. Horses will quickly inform us when our thoughts and behavior are incongruent. Lessons from the horses can take communication, leadership, and teamwork to a new level.

Put a human being in a round pen with an equine "colleague," and you put them in the ring with a powerful reflection of themselves. To practice with an equine partner is to cultivate elegance under pressure, presence in the face of complexity, and "power with" in the pursuit of the outcomes that matter most.

Learning Outcomes

INDIVIDUAL

- Increased self-awareness around communication and leadership style
- Increased social awareness
- Improved self-management practices

ORGANIZATIONAL

- Team patterns, habits, and behaviors become visible
- Improved relationship management
- Deepened understanding of how teams work effectively



Format

- One Day Team Equus includes a full day of individual and team development at a local equine establishment (barn)
- Two Day Team Equus includes individual and team development at the barn (Day 1) and a deeper dive for additional theory and practice in a classroom (Day 2)
- Half-day Individual Equus for individualized coaching at the barn

Are you ready for a whole new experience?

A transformation in your awareness? We look forward to hearing from you.

the p.Link team

“There is something about sun, dirt, and horses that opens people up in a way that a business suit and a boardroom table do not.”

- Equus Participant