



pLink Leadership®

ACCELERATING POSITIVE CHANGE. IN A BIG WAY.



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"BETWEEN STIMULUS
AND RESPONSE
THERE IS A SPACE.
IN THAT SPACE LIES
YOUR FREEDOM,
YOUR POWER,
YOUR CHOICE."

- *modified from rollo may* -

Rebecca Tillemans has long been captivated by human potential. Her depth of experience, decisive confidence, quick wit, and straightforward kindness help leaders to evolve their consciousness, thereby buoying the entire organization. Known for her ability to synthesize complex and highly charged data quickly and compassionately, she is a sought-after speaker and trainer. An integral member of pLink Leadership, this down-to-earth, "refreshingly clear without judgment" culture-change-agent helps organizations and individuals who want to evolve their teams to be more agile, while maximizing personal meaning and impact.

Working in the field of human development since 2005, the licensed, masters-level clinical psychotherapist closed her thriving private practice in favor of joining pLink Leadership and engaging in high-potential coaching. Rebecca lives the pLink Leadership vision to accelerate positive change in a big way – what better way to do so than to champion leaders who inspire and influence others? Her clients range from small business owners to CEOs, from rising leaders to seasoned professionals, all with the common goal of creating awareness, self-authoring, and manifesting their vision.

Rebecca coaches, facilitates, and consults with organizations and individuals, bringing learning to life with curriculum designed and developed by pLink Leadership and complemented by the models and assessments of The Leadership Circle® and the robust Dare to Lead™ curriculum. Her deep knowledge of how to build emotional intelligence and develop people relationally supports clients in creating collaborative cultures. Rebecca's coaching far surpasses competence training, helping leaders get clear on their values, build confidence and a sense of meaning, answer the purposeful call, and grow a guiding vision for their companies.

Rebecca earned her Executive Certificate in Leadership Coaching from Georgetown University's Institute of Transformational Leadership and her Associate Certified Coach designation from the International Coach Federation. She holds a master's degree in Mental Health Counseling from State University of New York and a bachelor's degree in Communication and Social Psychology from Cornell University.

The former wilderness guide makes her home in Columbia, Maryland, with her daughter, son, and spouse. When Rebecca is not coaching or inspiring from the front of the room, you are likely to find her poking around some little slice of nature in search of the awe that she's certain to find, chopping through a snapping pile of produce as she prepares some "food as thy medicine" for her family, or racing off to shake it-shake it with a mash-up of like-hearted dancers who also know that, sometimes, you just have to stop talking and move – there is so much that cannot be said.